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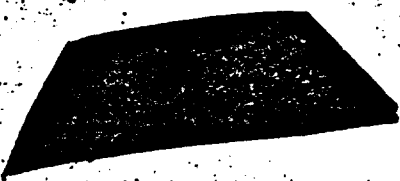
ARTICHOKE

INTERROGATION GUIDE

(For Individuals Who Have Been Held by the Soviets or Their Satellites)

Section I

29 May 1953



SPECIAL COMMENTS

The questions and notes that follow are aimed at a possible interrogation of [REDACTED] but they in fact represent a general interrogation pattern and guide with emphasis on matters of ARTICHOKE interest.

It should be noted that these questions are designed only as a guide since interrogations cannot be standardized but depend upon many factors and particularly upon the technique and skill of the interrogator.

It should also be noted that throughout this series of questions there is a considerable amount of repetition -- or re-wording of previously set out questions. This is done with specific intent since memory is refreshed by discussion and that which may be forgotten at the start of an interrogation is often recalled later if the subject is re-introduced.

Questions specifically aimed at obtaining material for psychological or propaganda use are not included in this series except in a broad, general sense.

A [REDACTED]

OUTLINE OF QUESTIONS IN THE [REDACTED] CASE
(or suggestions for any similar case)

I. General Questions

1. Is there any reason you cannot talk freely to us?
2. Do the [REDACTED] authorities have any control over you whatsoever?
3. Were threats or reprisals made against you or your family?
4. Were threats made against any future interest of the ~~Associated Press~~ in [REDACTED] or elsewhere?
US press
5. How well were you guarded? Describe guard system.
6. What means of control were used, if any? Hand cuffs, leg irons, etc.
7. Did you meet any other U.S. or alleged U.S. citizens during your period of confinement? Details.
8. Did you ever receive any packages from the outside? Describe in detail.
 - A. Were they opened or apparently tampered with prior to your receiving them?
 - B. Did you open them in the presence of guards?
 - C. Could anything have been concealed in the packages? Details.

9. When you were searched, were you searched? Give details.
10. Were your clothes taken from you?

Section in Relation to Psychological Pressure

1. Were any threats made to you if you did not do as you were told?
2. What were the nature of the threats?
3. Were any of the threats executed?
4. Were threats made repeatedly? Describe.
5. What types of pressures were brought to bear upon you make you go along with the Communist instructions?
6. Did these include threats of injury to family, etc.?
7. In your confinement, were you exposed to sounds, screams, cries or sounds that would indicate torture, pain, etc.?
8. Could you give an accurate description of all the prisons and prison cells in which you were placed?
9. Were you placed in cells with other prisoners? Describe.
10. Can you give accurate physical descriptions of individuals with whom you came in contact, names, etc.?

11. Did you notice any distorted or odd-shaped rooms?
12. What color were the walls painted, etc.?
13. Did the Comies attempt to get you to co-operate by bribery or promises?
14. If so, what was the nature of these promises or proffered bribes?
15. Were you ever placed in solitary confinement? Details.
16. Do you normally wear glasses?
17. Were you deprived of the use of your glasses at any time? Explain.
18. Were you ever given any reading matter, books, etc.?

III. Questions Regarding Physical Harassment

1. Were you ever actually physically maltreated?
2. Were you ever slapped, beaten or tortured in any way? Details.
3. Were you ever subjected to continuous periods of loud or disturbing sounds or monotonous sounds? (Vibrations, dripping water, hissing, whining, etc.)

4. Over the period of your confinement and particularly when you were being interrogated or when you were in solitary confinement, do you remember what kinds of lights were in the room or turned on you?
 - A. Did you notice any "blinking" lights?
 - B. Did you notice any glaring lights?
 - C. Did you notice any colored lights?
 - D. Were lights left burning in your cell at all times?
5. Did you have any sudden changes in diet and if so when did these occur?
6. Did you ever have any unusual feelings after eating or drinking (drowsiness, nausea, etc.)?
7. Did any of the food have a particularly strange taste?
8. Did you notice an excess of salt and/or spices or salty food being given over periods of time?
9. Do you feel that at any time you were made deliberately thirsty by salty food or other means?
10. Were you ever threatened with starvation or deprivation of food and were these threats carried out?
11. Since fatigue is a very important factor in ability to resist, we are interested in the following:
 - A. Were you ever deprived of sleep over long periods of time?
 - B. Were you ever continually questioned over long periods of time? Details.

- C. Were you ever forced to stand during interrogation or at other times for long periods of time?
- D. Were you ever forced to endure long periods of exercise?
- E. Were you ever continuously awakened after going to sleep?
- F. Were you ever forced to stand extreme heat or extreme cold? If so, give details. (Highly heated rooms, etc. -- sweat box)

IV. Questions Regarding Use of Chemicals, Drugs and Medicines -- Symptoms

1. Were you given any shots, pills, enemas, etc? Full details, reasons given, results (immediate and later), apparatus used, if any, intravenous or otherwise, number of times, when, full or empty stomach, etc.
2. Were you ever given odd-tasting food, water, coffee?
3. Did you ever notice any unusual feelings after taking same? Describe.
4. Were you ever given beer or liquor and, if so, with what results and under what circumstances?
5. Did you have any full medical examinations? Full details.
6. What were the natures of any illnesses you suffered during your confinement, if any?
7. Did the [redacted] medical officers tell you you were suffering from any diseases? If so, what?

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8. Were you given any alleged psychiatric examinations?
Full details.
9. Did any doctor attempt to make you "relax"?
10. Did any doctor tell you he was prescribing a "sedative" for you?
11. Did any doctor tell you that you were being treated for "nervous trouble" or "nervous disorders"?
12. Did you have any "unusual" sick spells?
13. Were any strange or unusual medicinal instruments or apparatus used on you? (Details -- particularly electrodes attached to the head)
14. Did you at any time have any of the following symptoms:
 - A. Dizziness
 - B. Staggering
 - C. Fainting spells, blanking out
 - D. Disorientation or confusion (for time, place or person)
 - E. Hallucinations - illusions (of sight, sound, etc.)
 - F. Visual Disturbances (double vision or colored vision, blurring, etc.)
 - G. Depersonalization (seeming to be a different person or two persons)
 - H. Cramps
 - I. Diarrhea
 - J. Nausea

K. Gests

L. Muscular rigidity - paralysis (of face, neck, limbs, general)

M. Sensation of ants crawling on your skin

N. Extreme weakness - loss of muscular control

O. Feeling of "burning up", feverish, intense flushing

15. Did you ever suffer any long or short periods of depression (mild or acute)?

16. Did you ever suffer any long or short periods of dread, anxiety or extreme fear (mild or acute)?

17. Did you ever have any long or short periods of elation or feelings of power, grandeur, etc. (mild or acute)?

18. Did you ever have any periods of being in a semi-conscious or dreamlike state? Describe.

19. Did you ever notice any strange smells that seemed to be unusual for the area in which you were (particularly in small rooms)?

20. Did you at any time have a choking sensation or gagging or gasping? Under what circumstances did this occur?

21. Did you ever have any attacks of nervous "shakes", etc.?

22. Was surgery of any type performed on you?

23. Were you ever given an anesthetic? Details.

24. Did you ever receive dental attention?

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25. Did you ever feel that you had had a seizure — epileptic-type fit? (convulsion tonic, wetting, several, full and complete)

V. Questions in Relation to Possible Use of Hypnosis

1. Are you familiar with the phenomena known as hypnosis?
2. Have you ever been hypnotized before?
3. Was hypnosis specifically tried on you?
4. Do you believe hypnosis was tried on you surreptitiously?
5. Do you remember any acts of yours that you felt might have been carried out under hypnosis?
6. Have you ever awakened to find someone talking to you and telling you to awaken?
7. Do you recall any monotonous sounds or continuously repeated subjects or phrases? (relax, rest, sleep, etc., etc.)

VI. Questions Concerning Possible Use of Tobacco as an Aid to Interrogation

1. Were you allowed to use tobacco?
2. Were you totally deprived of the use of tobacco?
3. If you were given tobacco or cigars to smoke, did any of them taste unusual or smell unusual?

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4. Did you suffer any unusual effects after making or during the smoking of cigars and cigarettes which were given you?
5. Did any of your fellow prisoners give you cigarettes surreptitiously?

VII. Questions in Relation to Memories

1. Are there any "blank" periods during your confinement?
2. Do any significant details or periods of time occur missing in your memory during the period of your confinement?
3. Do you recall any special times when your memory was vague, hazy, blurred, spotty?
4. Did the blank areas follow any special activity (radical examinations, shots, meals, interrogations, etc.)?

VIII. Questions in Relation to Interrogation Techniques

1. Describe in detail the nature of your interrogations?
2. Were the interrogations conducted on a regular schedule (at given times, etc.)?
3. Were interrogations conducted during the day or night or both?
4. Were interrogations always conducted in certain rooms? (Describe — mirrors present, lights appear unusual, etc.)

5. What was the longest continuous period of interrogation?
6. How many people were present during interrogations (as a rule, largest number)?
7. Did they use "teams" of interrogators on you? How was this done?
8. Were the interrogations handled by military or civilian personnel or both?
9. What uniforms, if any, were worn? Can you identify any of them?
10. Do you know the names of any individuals who interrogated you? (names, physical descriptions, titles)
11. Did there appear to be an outstanding man who directed the interrogation? (name, physical description, title)
12. What kind of notes were kept by the interrogators?
13. Was there a stenographer present (male or female)?
14. Did you see any evidence of recording equipment (table microphones or recorder of any type)?
15. Did any of your interrogators wear a "hearing aid"?
16. Were you forced to stand during interrogations -- or sit in an uncomfortable position (describe in detail)?
17. Were you physically maltreated during any interrogation?

18. Can you describe any of the tactics used during interrogation, such as friendly approach, threatening approach, rages, flattery, bribery, threats, etc.?
19. Describe in detail, if possible, the various rooms in which you were interrogated?
20. Do you speak [redacted] or languages other than English? If so, did your interrogators know this?
21. Were the interrogations carried on in English, [redacted] or both?
22. Were you given papers to sign? Details.
23. Were you shown any document which was alleged to have been written by you — and which you had no knowledge of writing? Details.
24. Did you get the impression that any of your interrogators were educated in the United States or possibly U.S. citizens? If so, full details — names, physical descriptions, titles, etc.

IX. Questions in Relation to Attempts at "Indoctrination"

1. Are you familiar with the term "brain washing"? When did you first hear of the term?
2. Were any attempts made to "indoctrinate" you toward a pro-Communist attitude? Details.
3. Were you given any type of instruction in general Communist theory? Details.

4. What instruction was given to you along anti-American lines -- anti-British lines, etc.?
5. Were you shown any movie pictures -- any still pictures? Of what? Describe in detail.
6. During your confinement, did you ever see yourself or did you ever hear of movies being shown to confined troops?
7. Were you given newspapers, pamphlets, books, etc. to read? either in connection with indoctrination or for general use? Details.

X. Questions in regard to Defense Mechanisms for Persons Under Interrogation

1. Do you have any comments to make in general regarding your interrogations? (good, poor, clever, persistent, effective, stupid, etc.)
2. Can you suggest any means, strategy, psychological techniques, etc. that could be effectively used against this type of interrogations?
3. In your opinion, would "playing dumb" work in these interrogations?
4. What happens if you say consistently, "I don't know"?
5. Can you suggest what attitude a person being interrogated should adopt?

A. Prior to interrogation

B. During interrogation

6. What facial characteristics would you suggest are best to display to the interrogators -- a "poker face" or assistance?
7. Do you feel that giving false information is of value?
8. Did you notice any particular techniques that seem outstanding or clever in these interrogations?
9. Did they use the old bully-friendly approach?
10. Is there any possible reason for giving answers of extreme length?
11. Is there anything that you can suggest that would act as a deterrent to misstatement or third-degree activity during interrogations?
12. Do you feel there is an advantage to hold out as long as you can before giving a confession or admitting activities which you did not do?

(It might be interesting to develop whether or not in the subject's opinion he should have "confessed" before he did -- and why.)
13. Did it appear to you that certain questions were being asked in order to get specific answers from you on a recording device?
14. Does it do any good to feign illness during interrogations?

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XI. Additional General Questions

1. How were you transported during your periods of confinement, if at all?
 2. In your opinion, could the guards be bribed in any way?
 3. Who and what types were in the various prisons where you were held? (Details, if known, and how did subject know this?)
 4. Were you interrogated by men who were obviously Soviet or apparently Soviet? How could you tell?
 5. Were you forced to sign or swear to any statements or any transcripts of interrogation? Did you sign any prepared statements? What were the natures of these statements?
 6. Did the [redacted] authorities ever offer to let you send controlled or propaganda-type letters?
 7. Did the [redacted] authorities ever offer to let you correspond with anyone for certain considerations? Details.
 8. Did you ever receive any mail from the outside?
 9. Were you given any instructions by the [redacted] authorities upon leaving — or were you required to do anything after you left [redacted] control?
- B.
1. Did you note anything during your confinement that indicated poor morale, dissatisfaction, unrest, etc. among your guards or interrogators or elsewhere?
 2. Did any of the group that interrogated you indicate disapproval or dislike for any other group or individual? Did it appear genuine? Details.

3. [Illegible text]
4. [Illegible text]
5. [Illegible text]
6. [Illegible text]

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f. [redacted] and Medical Staff each have established liaison with the Service components in conformity with their respective fields of responsibilities and it is foreseen that research conducted by [redacted] and Medical Staff in support of Project ARTICHOKE will include liaison with the Service components in this regard. For the sake of clarification, Security Office will restrict its liaison to operational aspects of ARTICHOKE and [redacted] and Medical Staff will restrict their liaison, as regards ARTICHOKE, to the research fields. In order to prevent duplication, and some crossing of channels, coordination and exchange of information in this regard will be necessary between the three elements concerned.

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g. [redacted] will provide a representative to attend ARTICHOKE meetings.

This representative will furnish necessary operational guidance and support from [redacted] standpoint for implementation of ARTICHOKE.

h. Representatives designated by [redacted], AD/OSI; Director of Security; Chief, Medical Staff; and Chief [redacted] shall constitute the ARTICHOKE Committee.

i. The ARTICHOKE Committee will meet monthly or more often as necessary when such meetings are called by the Director of Security or his representative.

j. In order to provide facilities for the actual use of ARTICHOKE, Security Office has budgeted for and is recruiting personnel for the establishment of at least two teams.